

# Body Therapy by Sensatia

## RELAXATION MASSAGE

Single IDR. 1,000    Couple IDR. 1,900

60 MINUTES JOURNEY

A traditional Relaxing Massage healing to calm nerves, soothe Knotted muscles and rebalance energy levels to positively promote circulation and good health.

## SEASIDE CITRUS MASSAGE

Single IDR. 1,000    Couple IDR. 1,900

60 MINUTES JOURNEY

Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling, palm and thumb pressure techniques to relieve tension

## TROPICAL WILDFLOWER MASSAGE

Single IDR. 1,000    Couple IDR. 1,900

60 MINUTES JOURNEY

The beautifully Tropical Wildflower Massage Oil contains extracts of exotic flora including lavender, jasmine and Ylang-Ylang to improve blood flow, ease stress and calm the mind.

## ANGEL BLISS FOR THE YOUNG

Single IDR. 900

60 MINUTES JOURNEY

For junior guest aged 6 to 13 years old to discover the world of wellbeing under the gentle, caring touch of a skilled therapist.

All prices are quoted in thousand and subject to 21% government tax & service charge.

# Beauty Therapy by Sensatia

## GREEN TEA & TAMARIND

Single IDR. 1,500

60 MINUTES JOURNEY

This refreshing facial is perfect for combination skin. While antioxidant-rich botanicals provide nourishment and protect against stressors. Green Tea & Tamarind Facial can help maintain healthy, glowing skin.

## SEASTEM MARINE BARRIER

Single IDR. 1,500

60 MINUTES JOURNEY

Contains marine nutrients that are known for their anti-aging and insulating properties. Giant sea kelp helps to improve elasticity and creates a protective barrier against pollutants, while acacia extract promotes collagen production and has a firming effect

## ROYAL RETREAT

Single IDR. 2,500

Couple IDR. 4,900

85 MINUTES JOURNEY

Immerse yourself in an unforgettable journey of the senses

Aromatherapy foot ritual - Relaxation Massage ~ Green tea & Tamarind facial ~ Relaxation time with fresh fruits and purified water

## NUSA DUA DISCOVERY

Single IDR. 2,000

Couple IDR. 3,900

85 MINUTES JOURNEY

Aromatherapy foot ritual ~ Seaside Citrus Massage ~ Relaxing Bubble bath ~ Relaxation time with fresh fruits and purified water

## YIN & YOUNG

Couple IDR. 5,000

150 MINUTES JOURNEY

The ideal 'him and her' package for a magically romantic Spa experience

### FOR HER

Aromatherapy foot ritual ~ Seastem Marine Barrier Facial ~ Relaxing Bubble bath ~ Relaxation time with fresh fruits and purified water

### FOR HIM

Aromatherapy foot ritual ~ Tropical Wildflower Massage ~ Relaxing Bubble bath ~ Relaxation time with fresh fruits and purified water

All prices are quoted in thousand and subject to 21% government tax & service charge.

# *Instant Bliss*

## **BACK NECK & SHOULDER MASSAGE**

Single IDR. 490

**30 MINUTES JOURNEY**

Ideally suited for those who spend long hours sitting at computer screens or desks.

## **HEAD AND SCALP MASSAGE**

Single IDR. 490

**30 MINUTES JOURNEY**

Designed to ease cranial pressure, release tension and improve blood circulation.

# *Body Therapy*

## **TRADITIONAL BALINESE MASSAGE**

Single IDR. 690

Single IDR. 975

**50 MINUTES JOURNEY**

**90 MINUTES JOURNEY**

This massage is an ancient traditional spa treatment using various techniques including skin rolling, kneading, stroking and acupressure. The treatment is combined with a blend of traditional oil to stimulate blood and oxygen flow in the body, leaving a sense of serenity and renewal

## **NUSA DUA SPA FUSION**

Single IDR. 690

Single IDR. 975

**50 MINUTES JOURNEY**

**90 MINUTES JOURNEY**

This signature massage fuses aromatherapy and combination of Hawaiian, Lomi-Lomi and Swedish massage techniques. Using long strokes along the body with palms, fingers and forearm, the therapist will help you get in touch with your whole body

## **CHI REJUVENATION**

Single IDR. 690

Single IDR. 975

**50 MINUTES JOURNEY**

**90 MINUTES JOURNEY**

This non-oil traditional Japanese bodywork applies kneading techniques and acupressure points along the meridian lines to stimulate and revitalize the Chi energy flow in the body, restoring your body's natural balance and wellbeing..

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### **NUSA DUA MASSAGE (TWO THERAPIST)**

Single IDR. 1,200

Single IDR. 1,750

**50 MINUTES JOURNEY**

**90 MINUTES JOURNEY**

This embracing massage performed by two therapists delivers total relaxation. The therapists will harmoniously synchronize their movements producing the most sensual treatment imaginable.

### **STONE MASSAGE**

Single IDR. 1,100

**90 MINUTES JOURNEY**

Enjoy this delightful spa experience that combines long strokes and use of polished volcanic warm stones. This massage combined with the stones heat will achieve deep relaxation of the muscle and relieve stress and tension.

### **ANGEL BLISS FOR THE YOUNG**

Single IDR. 490

**50 MINUTES JOURNEY**

For junior guests aged 6 to 13 years old to discover the world of wellbeing under the gentle, caring touch of a skilled therapist. Soft pressure is applied to the scalp, legs and feet and a grounding oil massage is performed on the back and the arms. This treatment greatly soothes nervous system, strengthens immune system and improve quality of sleep.

## *Foot Therapy*

### **FOOTISH**

Single IDR. 690

**60 MINUTES JOURNEY**

A luxurious footbath in aromatic essential oil to soothe the travel fatigue feet, followed by a relaxing foot massage. This treatment relieves swelling and built-up pressures, energizes and revitalizes the feet and calves, a perfect pampering for tired feet.

### **FOOT SCRUB AND ACUPRESSURE**

Single IDR. 690

**60 MINUTES JOURNEY**

A combination of acupressure with Balinese foot scrub to give you a unique experience. Utilizing pressure points in the feet, the therapist will stimulate the major energy meridians that affect the balance of the internal organs.

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# Beauty Therapy

## PURE NATURE & ORGANIC TRADITIONAL BALINESE FACIAL

Single IDR. 800

60 MINUTES JOURNEY

Designed to leave dry skin feeling soft and re-hydrated, this traditional Balinese facial includes deep cleansing, exfoliation, a skin-perfecting mask and hydrating moisturizer. An additional element includes a massage to tone facial muscles.

## PURE & NATURAL COCONUT HAIR TREATMENT

Single IDR. 940

60 MINUTES JOURNEY

Coconut Oil is rich in anti-microbial properties. Strengthens hair, helps to regrow hair and superbly moisturizes and nourishes, especially for sun-damaged, dry and frizzy hair. Coupled with a luxurious scalp, neck and shoulders massage, this treatment gives your hair a glorious shine and luster.

# Body Glow

## SWEET & SALTY

Single IDR. 750

60 MINUTES JOURNEY

Combination of Honey and Sea Salt. This invigorating scrub is excellent for the skin. Salt provides a powerful antiseptic and honey milk bath makes the skin soft. With this treatment, your skin becomes smooth and more supple. Suitable for oily and rough skin.

## COCONUT & TURMERIC

Single IDR. 750

60 MINUTES JOURNEY

A local village treatment handed down from generation to generation with a combination of coconut copra, turmeric and local herbs to exfoliate and cleanse the skin, aromatherapy flower bath. Suitable for normal and dry skin.

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## COFFEE & LIME

Single IDR. 750

60 MINUTES JOURNEY

This invigorating coffee scrub improves blood circulation. Coffee often acts as a powerful anti-oxidant and tightens the skin. Application of fresh lime loaded with vitamin C will leave the skin aromatic and fresh, end with honey milk bath. Suitable for normal & rough skin.

## LULUR

Single IDR. 750

60 MINUTES JOURNEY

A delectable treatment traditionally lavished on a bride before her wedding. Our recipe incorporates ginger, turmeric, jasmine and sandalwood to create an aromatic and ever-youthful complexion. Honey milk bath.

# Body Cocoon

## TRADITIONAL BALINESE BOREH HERBS & SPICES

Single IDR. 750

60 MINUTES JOURNEY

A traditional Balinese treatment to soothe muscular and joint discomfort.

A full body mask made from cloves, ginger, turmeric, pepper, cinnamon and sandalwood is rubbed on the skin to exfoliate and the body is wrapped in a cocoon- blanket to infuse these therapeutic properties into the skin. Aromatherapy flower bath.

## COOL AS CUCUMBER

Single IDR. 750

60 MINUTES JOURNEY

The heat will sweep away from your sunburned skin as the hydrating cucumber and ginger wrap glazes your body.

A great cleanser soothing skin irritations and reducing body swellings, Honey & Milk Bath.

# Package Ritual

## WELLNESS HARMONY

Single IDR. 1,300      Couple IDR. 2,500

**105 MINUTES JOURNEY**

A relaxing and de-stressing therapy for tired or tense body and skin, promotes deep relaxation and calmness from within

Nusa Dua Foot Ritual ~ Choice of Body Therapy ~ choice of Body Cocoon or Body glow followed by Pure Organic body conditioner ~ Herbal Bath served with refreshment ~ relaxation time with water and fresh fruits.

## JUST MARRIED

Couple IDR. 4,000

**3 HOURS JOURNEY**

Celebrate two hours of romantic bliss in a private Villa with a Jacuzzi, steam room, sauna, plunge pool and terrace dining area.

Nusa Dua Foot Ritual ~ Choice of body therapy ~ Choice of Skin glow followed by Pure Organic body conditioner ~ Milk & Honey bath served with refreshment ~ Pure Nature & Organic Traditional Balinese facial or Foot Reflexology ~ Relaxation time with water and fresh fruits.

## ROMANTIC EXPERIENCE

Couple IDR. 4,480

**3 HOURS 30 MINUTES JOURNEY**

Exclusively for couples, enjoy intimate pampering moments in the secluded privacy of Villa Jepun. The villa offers a Jacuzzi, steam room, sauna, plunge pool and terrace dining area.

Nusa Dua Foot Ritual ~ Balinese Massage ~ Herbal Steam or Sauna ~ Choice of body glow or body cocoon ~ Choice of Energizing Bubble Bath or Plunge pool ~ Pure Nature & Organic Traditional Balinese Facial ~ relaxation time with water and fresh fruits.

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## NUSA DUA FAVOURITE

Single IDR. 2,100    Couple IDR. 4,000

**3 HOURS JOURNEY**

Using a variety of gentle massage treatments combined with our unique blend of tropical essential oil, the therapist will first relax you before completely energizing your body.

Nusa Dua Foot Ritual ~ Balinese Acupressure Massage ~ Body glow ~ Pure Nature & Organic Traditional Balinese Facial ~ Herbal Bath ~ Relaxation time with water and fresh fruits.

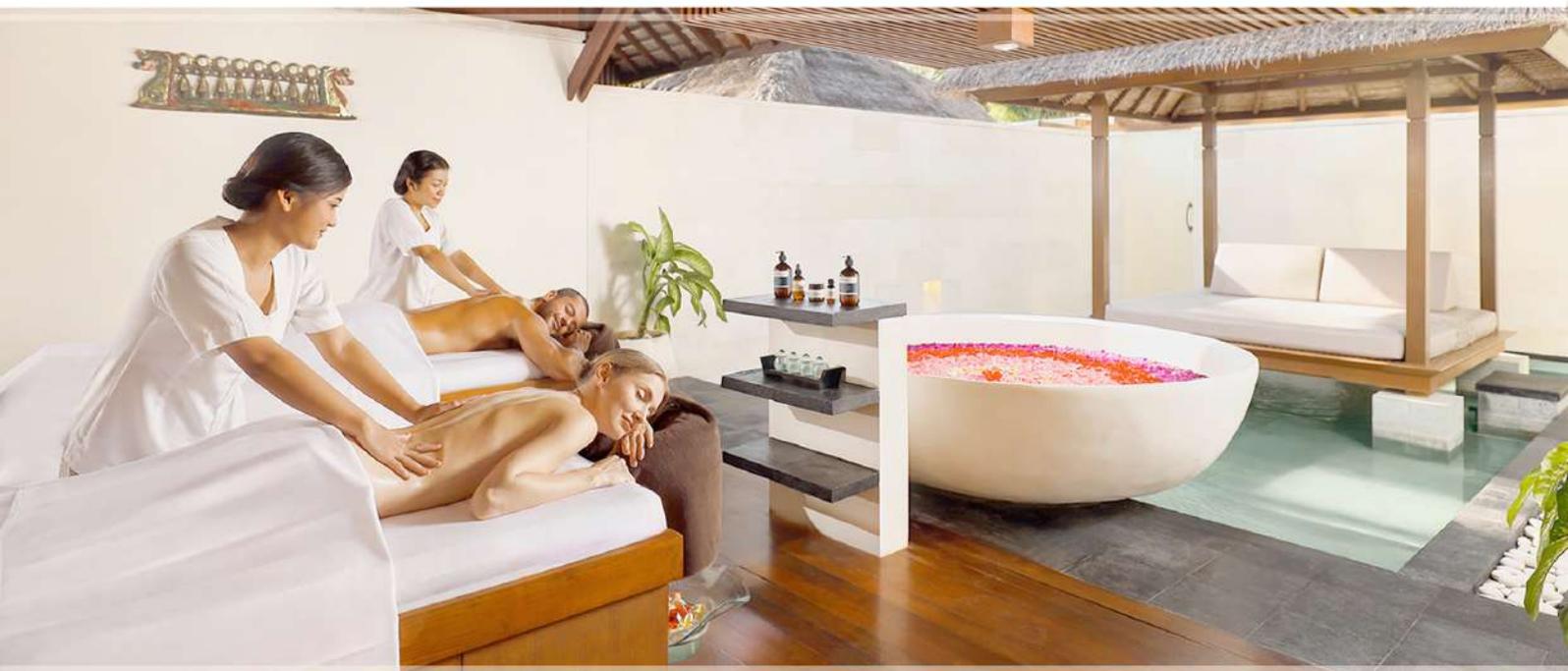
## NUSA DUA REJUVENATION

Single IDR. 2,500    Couple IDR. 4,500    **3 HOURS 15 MINUTES JOURNEY**

Indulge yourself from head to toe with this combination of traditional treatment designed to leave you feeling deeply relaxed and rejuvenated.

Nusa Dua Foot Ritual ~ Balinese Massage ~ Pure & Natural Coconut Hair Treatment ~ choice of body glow ~ Aromatherapy floral bath ~ Pure Nature & Organic Traditional Balinese Facial ~ Relaxation time with water and fresh fruits.

All prices are quoted in thousand and subject to 21% government tax & service charge.



**NUSA DUA SPA | DAILY | 7.00AM - 10.00PM**



**FOR FUTURE INFORMATION AND RESERVATIONS:**



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